



BUDHA DAL PUBLIC SCHOOL, PATIALA

SPECIAL DAYS/HEALTH AND WELLNESS CALENDAR (VI TO XII)

APRIL-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7  WORLD HEALTH DAY	8	9	10	11	12	13
14	15	16	17	18  WORLD HERITAGE DAY	19	20
21	22  WORLD EARTH DAY	23  SHAKESPEARE BIRTH DAY	24  INTERNATIONAL DANCE DAY	25	26	27
28	29	30				

Thought

*“Real change,
enduring change,
happens
one
step at a time.”*



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MAY-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 	2	3	4
5	6	7	8 	9	10	11 
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Thought

"Walk to your goal firmly and with bold steps."



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JUNE-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5  WORLD ENVIRONMENT DAY	6	7	8  WORLD OCEAN DAY
9	10	11	12	13	14	15
16	17	18	19	20	21  INTERNATIONAL YOGA DAY	22
23	24	25	26  INTERNATIONAL DAY AGAINST DRUG ABUSE	27	28	29
30						

Thought



"Life is like riding a bicycle. To keep your balance, you must keep moving."



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JULY-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  DOCTOR'S DAY	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28  WORLD NATURE CONSERVATION DAY	29	30	31			

Thought

"It takes as much energy to wish as it does to plan."



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AUGUST-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15  INDEPENDENCE DAY	16	17	18	19	20
21	22	23	24	25	26	27
28	29  NATIONAL SPORTS DAY	30	31			

Thought

*"Happiness
is
not by chance,
but by
choice."*



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SEPTEMBER-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 NUTRITION WEEK	5	6 SWACHHATA PAKHWADA CELEBRATIONS	7
8  INTERNATIONAL LITERACY DAY	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Thought

*"You make a life
out of what you
have, not what you're
missing."*



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OCTOBER-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2  GANDHI JAYANTI	3	4	5
6	7	8  AIR FORCE DAY	9	10	11	12
13	14	15	16  WORLD FOOD DAY	17	18	19
20	21	22	23	24  UNITED NATION DAY	25	26
27	28	29	30	31  RASHTRIYA EKTA DIWAS		

Thought

"All we have to decide is what to do with the time that is given us."



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NOVEMBER-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  NATIONAL VIGILANCE WEEK	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26  NATIONAL CONSTITUTION DAY	27	28	29	30

Thought

*"One's destination is
never a place, but a
new way of
seeing things."*



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DECEMBER-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  WORLD AIDS DAY	2	3	4	5	6	7
8	9	10	11	12	13	14  NATIONAL ENERGY CONSERVATION DAY
15	16	17	18	19	20	21
22  NATIONAL MATHEMATICS DAY	23	24	25	26  VIJAY DIWAS	27	28
29	30	31				

Thought

"No one is useless in this world who lightens the burdens of another."

Winter Break

*25 December 2024
to
02 January 2025*



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JANUARY-2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15  INDIAN ARMY DAY	16	17	18
19	20	21	22	23	24	25
26  Republic Day	27	28	29	30	31	

Thought

*"You
rarely win,
but sometimes
you do."*



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FEBRUARY-2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4  WORLD CANCER DAY	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28  NATIONAL SCIENCE DAY	

Thought

"People begin to become successful the minute they decide to be."



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MARCH-2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22 
23	24	25	26	27	28	

Thought

"If you spend too much time thinking about a thing, you'll never get it done."