

23/Sept./2017

SET –A

**FIRST TERM EXAMINATION
ENGLISH COMMUNICATIVE**

Class - X

Time: 3hours

Maximum Marks: 80

Instructions :

The question paper is divided into **three sections.**

Section A	:	Reading	20 marks
Section B	:	Writing and Grammar	30 marks
Section C	:	Literature	30 marks

SECTION A : READING (Reading : 20 Marks)

- | | | |
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| 1 | <p>Read the passage given below :</p> <ol style="list-style-type: none">1. The term 'junk food' refers to the foods that do not good to our body and are completely unimportant. Junk foods have no or very less nutritional value and irrespective of the way they are marketed, they are not healthy to consume. Most of them are high in saturated fats and sugar components with excess of salts and lack any fibre.2. The only reason of their gaining popularity and increased trend of consumption is that they are ready to eat or easy to cook food. Besides, the ease of manufacturing and consumption makes the junk food market spread its influence so rapidly. People of all age groups are moving towards junk food as it is hassle-free and ready to grab and eat at all times. Soft drinks, chips, wafers, noodles, pizza, burgers, French fries etc. are few examples from the vast variety of junk food available in the market.3. However, we should be aware about the ill-effects of consuming junk food. Junk food causes a characteristic spike in the energy levels and hence lures us to eat more of it thus marking it even more harmful. This eating pattern is likely to cause aggravated energy levels that fail to come down even at sleep time and thus result in sleeping disorders. Moodiness is another implication of regular consumption of junk food. Reduced levels of concentration also result from eating junk food. The most common bad effect is obesity which has become very common even amongst children aged as low as 3-5 years. It further leads to many other chronic diseases and hormonal imbalances. Heart disease, increased levels of blood pressure and sugar are more likely to happen if the person is a regular consumer of oily junk foods.4. Since junk foods are not easy to digest and consume larger amounts of energy from the body in the process, people who regularly eat junk food experience lack of oxygen levels which gradually causes the brain to function poorly. Not only heart, but liver too can be damaged due to excessive cholesterol formed in the body as a result of eating junk food. More people are diabetic early in life because they eat junk food more often. No fibre in junk food means strain on digestive system which results in problem of constipation.5. It may be thus concluded that junk food does excessive harm to our health. So, in order to enjoy good health and a happy life, it is important to cut down on junk food. We must substitute junk food with healthier food like fresh fruits and vegetables.6. So, the next time you think of grabbing that burger, hotdog, pizza, samosa, kachories or even creams, stop your instincts and look for some healthier food option instead. | 8 |
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	<p>On the basis of your reading of the passage, answer the following questions briefly: (1x8)</p> <p>(a) Why are junk foods not at all important?</p> <p>(b) What is the reason behind the increasing popularity of junk foods?</p> <p>(c) Why does the consumption of junk food lead to sleeping disorders?</p> <p>(d) What is the effect of junk food on younger children?</p> <p>(e) Why do regular consumers of junk food experience lack of oxygen levels?</p> <p>(f) How does the lack of fibre in fast food affect human body?</p> <p>(g) “..... stop your instincts ...” (para 6). What instinct (s) is the author talking about here?</p> <p>(h) Which word in paragraph 3 of the passage means the same as ‘consequence’?</p>	
<p>2</p>	<p>Read the passage given below and answer the questions that follow: (2x4)+(1x4)=12</p> <p>1. “Early to bed and early to rise makes a man healthy, wealthy and wise”; this age-old saying has become irrelevant today since life styles have changed beyond recognition. The internet, television programmes, late night parties, funky dances, commuting in traffic jams, etc. have rendered it impossible to retire early at night. The businessmen and executives are worst affected because most of their engagements continue into the late hours of the night. They have to make long distance calls at night to their clients and vendors abroad due to the time gaps in various regions of the world. Children burdened with homework and those who compete in the highly competitive job market have to burn the midnight oil. Life has become so fast paced that a person has to work day in and day out. Now for all practical purposes, life has shifted much beyond sunset. The modern life style has affected one’s sleeping hours. Busy people like politicians, bureaucrats, industrialists, businessmen, executives and professionals hardly get a full night’s sleep.</p> <p>2. In metropolitan cities, school-going children have to reach their schools early so they have to get up before sunrise. The lady of the house has to prepare breakfast and mid-day meals for her children, husband and even for herself if she is a working woman. Therefore, it becomes a necessity to rise early. All such people should sleep early but it is not possible for them to do so. As a result, efficiency and performance suffer.</p> <p>3. Old values are giving place to new. Hot water bath is now recommended in place of cold water bath because it stimulates the nerves and muscles. We start our day with newspapers and read news about murders, kidnapping, accidents, theft, threats and family disputes, agitations, divorces, etc. Such news items keep on haunting the readers for the whole day. Psychiatrists, therefore, recommend that one should not read the newspapers in the morning.</p> <p>4. According to a report published in New Scientist magazine, early risers are more stressed than those who rise late. Researchers at the University of Westminster in London have discovered that people who get up early also have a higher level to cortisol, the body’s main stress hormones. Early risers are also reported to have more muscle aches, cold symptoms and headaches and significantly worse moods.</p> <p>5. The sum and substance is that there is strong correlation between sleep and efficiency. The more sound the sleep, the more will be freshness and desire to work. While children are supposed to sleep longer hours, adults must also have the full quota of undisturbed sleep.</p> <p>I) On the basis of your reading of the passage, answer the following questions briefly: (4x2=8)</p> <p>(a) The author believes that the age-old saying “Early to bed and early to rise makes a man healthy wealthy and wise” has become irrelevant today. He gives three reasons in support of this view. One of them is using the internet, watching television, holding late night</p>	<p>12</p>

	<p>parties, and traffic jams. What are the other two reasons?</p> <p>(b) “All such people should sleep early but it is not possible for them to do so” (paragraph 2). Who are ‘all such people’? How are they affected by rising early and sleeping late?</p> <p>(c) According to some psychiatrists, why should one not read newspapers in the morning?</p> <p>(d) Why, according to the study of University of Westminster, are early risers more stressed?</p> <p>II) Choose the most appropriate option in each of the following:</p> <p>(1) The word ‘commuting’ (paragraph 1) means the same as (i) crowding (ii) suffering (iii) travelling (iv) struggling</p> <p>(2) The expression ‘burn the midnight oil’ (paragraph 1) means the same as (i) experience more stress than usual (ii) work or study in poor light (iii) waste time and energy (iv) work or study at night</p> <p>(3) The word ‘stimulates’ as used in paragraph 3 of the passage means which of the following? (i) weakens (ii) energizes (iii) repairs (iv) connects</p> <p>(4) In the expression ‘such news items keep on haunting the readers’ (paragraph 3), the word ‘haunting’ has been used to mean which of the following? (i) disturbing (ii) informing (iii) entertaining (iv) puzzling</p>	
	SECTION B : WRITING AND GRAMMAR (30 Marks)	
3	Several neurologists have been advocating the view that working on computers is beneficial to youngsters as it improves motor skills and provides stimulus to the brain. Write a letter to the Editor of ‘Health Matters’, New Delhi, expressing your concern on the need to introduce computer skills as compulsory subject in secondary classes. You are Sharad/Suman of Bhagirath Public School, Polam Village, New Delhi.	8
4	Complete the following story in about 150-200 words: Surbhi lived in a remote village of Uttakhand. She was always fascinated by the colourful looks in the postmaster, Babu’s house, which she cleaned everyday after working as a goat herd for the village head. One day while cleaning the house	10
5	Fill in the blanks with appropriate words: We all drink coffee (a) pleasure. It is an inspirational drink that (b) become aspirational. Coffee (c) keep us alert and therefore helps us perform better (d) reduce stress.	4

6	<p>There is a word missing in each line. Write the missing word along with the one that come before and the one that comes after it.</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 10%; text-align: center;">Before</th> <th style="width: 10%; text-align: center;">Word</th> <th style="width: 10%; text-align: center;">After</th> </tr> </thead> <tbody> <tr> <td>(a) Stress and anxiety levels students</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>(b) at time of examination have come</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>(c) down significantly few students</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>(d) making distress calls the CBSE,</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>(e) according to report released by them.</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>(f) The report revealed 82% of the students</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>(g) showed a wide acceptance the</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> <tr> <td>(h) scheme and were more involved their studies</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> <td style="text-align: center;">_____</td> </tr> </tbody> </table>		Before	Word	After	(a) Stress and anxiety levels students	_____	_____	_____	(b) at time of examination have come	_____	_____	_____	(c) down significantly few students	_____	_____	_____	(d) making distress calls the CBSE,	_____	_____	_____	(e) according to report released by them.	_____	_____	_____	(f) The report revealed 82% of the students	_____	_____	_____	(g) showed a wide acceptance the	_____	_____	_____	(h) scheme and were more involved their studies	_____	_____	_____	4
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7	<p>Rearrange the following words/phrases to make meaningful sentences.</p> <p>(a) writer/Yale/Indian/Prize/won/University/the/Literary/the (b) Windham Campbell/Literature/earlier/Prize/won/the/has/writer/the (c) modern/evolution/has/Asia/written/he/about/the/of (d) the/he/Caesar/against/join/may/conspiracy</p>	4																																				
SECTION C : LITERATURE (30 Marks)																																						
8	<p>Read one of the extracts given below and answer the questions that follow:-</p> <p><i>And the ticket office gross Crashed, and she grew more morose- For her ears were now addicted And to sing into the night All alone gave no delight.</i></p> <p>(a) How did the ticket office gross crash? (b) What were the ears of nightingale addicted to? (c) Why did she sing all alone in the night! (d) What do you mean by the word 'morose'?</p>	4																																				
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	<p><i>"But when the evening of his life was drawing in he left his old ways and suddenly took a new turn".</i></p> <p>(a) What does the expression 'evening of life' mean? (b) What is 'he' in the above extract and old ways has he left? (c) What new turn has his life taken? (d) Which incident made him change his old ways?</p>																																					
9	<p>Answer the following questions in about 30-40 words each.</p>	8																																				
a	How can you say that the two boys in 'Two Gentleman of Verona' were willing workers?	2																																				
b	What does 'living record of your memory' refer to? Explain. (Not Marble nor Gilded Monuments)	2																																				
c	What special precautions did the villagers take to ensure that the tiger's sleep was not disturbed?	2																																				
d	Bring out the irony in the title of the play 'The Dear Departed'.	2																																				

10	Answer one of the following questions in about 80-100 words:	8
	Like the mirror that only shows the truth and nothing but the truth, we humans also try and cultivate this quality and try to speak the truth. Do you think it is possible, for you to practice being truthful in all circumstances? Why/Why not?	
	OR	
	'Human relationships often cause a lot of pain and anguish to the people concerned'. In context to the above statement, write a diary entry presuming yourself to be the postmaster, expressing your pain of separation also realizing the anguish of Ali.	
11	Answer one of the following questions in about 150-200 words:	10
	The story of Helen Keller is dominated by the themes - determination and perseverance. Throw light on Helen Keller's character keeping these themes in mind.	
	OR	
	How was the summer of 1887 the awakening of Helen's soul? How did Helen start appreciating nature? What did the thunderstorm teach her?	