

Making our school Anger free

School - the learning abode must be devoid of any kind of negativity so that we can make this world a better place to live. Budha Dal Public School supports this initiative taken by CBSE to make 'school"-a happy place so that the children go back happy ,more charged and definitely want to return to their school the next day. In congruence to this effort flexes at prominent places are put up so that the children always remain mindful of being happy.They are motivated to practice breathing exercises and to look at everything in a positive manner . We feel that this will help our students to become more mentally active and emotionally wealthy.







