

- Q15. Differentiate between perishable, semi-perishable and non-perishable foods with examples. (3)
- Q16. Give four important functions of vitamin A and four rich sources of vitamin A in our diet. (4)
- Q17. What is decision making? Explain the various steps in decision making process. (4)
- Q18. Define 'family'. Explain six important functions of family. (4)
- Q19. What is germination? Give three advantages of germination of grains.(4)
- Q20a) List two important functions of calcium
b) Name four calcium rich foods in our diet. (4)
- Q21. What knowledge is imparted in different fields of home science? Discuss in detail. (4)
- Q22. Define the term finishing. Explain any four basic finishes applied on fabrics. (5)
- Q23. What is the RDA of proteins for infants and adults? Give four important functions & four sources of proteins in our diet. (5)
- Q24. Define the term food preservation. Explain four preservation methods using household preservatives. (5)
- Q25. What is home management? Explain in detail the various steps involved in home management. (5)

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BUDHA DAL PUBLIC SCHOOL PATIALA (Sept. 2015)

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Class - XI

Paper - HOME SCIENCE

Time: 3 hrs.

MM: 70

- Q1. Define the term health. (1)
- Q2. Name two fat soluble vitamins. (1)
- Q3. List two examples of vegetable fibres. (1)
- Q4. Name two dry heat methods of cooking. (1)
- Q5. Mention two advantages of making a time plan. (1)
- Q6. Name the disease caused by deficiency of iron. (1)
- Q7. Which nutrient deficiency leads to the following disorders- (2)
- a) Scurvy b) Goitre
- c) Rickets d) Beri-Beri
- Q8. Explain two important characteristics of resources. (2)
- Q9. How many calories are given by 1gm of carbohydrates? Name two polysaccharides. (2)
- Q10. List two effects of excess fat in our diet. (2)
- Q11. Why is Khichdhi more nutritious than plain rice? Give one example of another nutritious dish involving the same principle. (2)
- Q12. What is a 'Weft' and 'Warp' in the weaving of fabrics. Name one fabric which has twill weave and plain weave. (2)
- Q13. Differentiate between Block printing and roller printing. (2)
- Q14. Define the term fatigue. Explain its types. (3)

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